

# Chemical exchange effects during refocusing pulses in constant-time CPMG relaxation dispersion experiments

Wazo Myint · Rieko Ishima

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**Abstract** In the analysis of the constant-time Carr-Purcell-Meiboom-Gill (CT-CPMG) relaxation dispersion experiment, chemical exchange parameters, such as rate of exchange and population of the exchanging species, are typically optimized using equations that predict experimental relaxation rates recorded as a function of effective field strength. In this process, the effect of chemical exchange during the CPMG pulses is typically assumed to be the same as during the free-precession. This approximation may introduce systematic errors into the analysis of data because the number of CPMG pulses is incremented during the constant-time relaxation period, and the total pulse duration therefore varies as a function of the effective field strength. In order to estimate the size of such errors, we simulate the time-dependence of magnetization during the entire constant time period, explicitly taking into account the effect of the CPMG pulses on the spin relaxation rate. We show that in general the difference in the relaxation dispersion profile calculated using a practical pulse width from that calculated using an extremely short pulse width is small, but under certain circumstances can exceed  $1 \text{ s}^{-1}$ . The difference increases significantly when CPMG pulses are miscalibrated.

**Keywords** Relaxation · CPMG · Off-resonance error · Dynamics · Protein · NMR

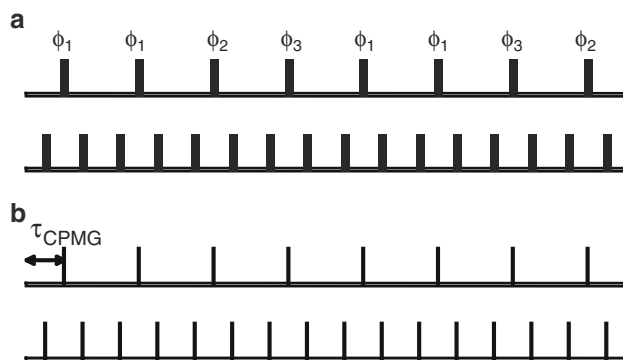
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W. Myint · R. Ishima (✉)  
Department of Structural Biology, University of Pittsburgh  
School of Medicine, Rm 1037, Biomedical Science Tower 3,  
3501 Fifth Avenue, Pittsburgh, PA 15260, USA  
e-mail: ishima@pitt.edu

## Introduction

Conformational exchange among two or more environments with distinct chemical shifts occurring on the milli-microsecond time scale can be detected based on the constant-time Carr-Purcell-Meiboom-Gill (CT-CPMG) relaxation dispersion experiment. This method has been applied to characterize biologically important processes such as protein folding and enzyme kinetics, which involve local conformational fluctuations (Loria et al. 1999; Tollinger et al. 2001; Wang et al. 2001; Mulder et al. 2002; Skrynnikov et al. 2002; Tolkmachev et al. 2003; Beach et al. 2005; Eisenmesser et al. 2005; Valentine and Palmer 2005; Brath et al. 2006; Korzhnev et al. 2006; Kovrigin et al. 2006; Labeikovsky et al. 2007; Sugase et al. 2007; Loria et al. 2008; Hass et al. 2009). In the CT-CPMG relaxation dispersion experiment, the nuclear spin transverse relaxation rate,  $R_2$ , is measured as a function of the effective field strength,  $\nu_{\text{CP}}$ , that is related to the half-duration between CPMG pulses,  $\tau_{\text{CPMG}}$ , according to  $\tau_{\text{CPMG}} = 1/(4\nu_{\text{CP}})$ . The total relaxation period ( $T_{\text{CP}}$ ) for transverse relaxation is fixed while  $\nu_{\text{CP}}$  is increased by the decreasing  $\tau_{\text{CPMG}}$ . Chemical exchange parameters, such as the exchange rate, populations of the exchanging species, and difference in off-resonance frequencies between the exchanging species, are optimized by fitting the experimental  $R_2$  dispersion profile using a two-site exchange or a multiple-site exchange equation.

The equation that is applied to optimize the parameters is either a numerical solution of Bloch-McConnell equation or its approximate analytical solution (McConnell 1958; Luz and Meiboom 1963; Carver and Richards 1972). In both approaches, the calculations typically neglect effects of chemical exchange during CPMG pulses (i.e., the calculations assume free precession, except for an instantaneous  $180^\circ$  rotation, during each CPMG pulse) (Fig. 1).



**Fig. 1** Pulse schemes of the CT-CPMG relaxation experiments that are compared in this study: **a** includes pulse widths (wide bars) and **b** neglects pulse widths (lines). The CPMG pulse sequence utilizes the pulse phases  $\phi_1 = \phi_2 = \phi_3 = X$  (Meiboom and Gill 1958) while an alternative sequence utilizes pulse phases of  $\phi_1 = X$ ,  $\phi_2 = Y$ ,  $\phi_3 = -Y$  (Yip and Zuiderweg 2004; Long et al. 2008). In the following, these pulse schemes are denoted as the  $[00000000]^\pm$  and the  $[00130031]^\pm$  schemes, respectively. Entire phase cycles that were employed to calculate magnetization intensities in the following simulations are described in the [Methods](#) section

Although some studies take into account effects associated with off-resonance frequency (Ross et al. 1997; Ishima and Torchia 2003), the impact of neglecting the effect of the finite CPMG pulse duration on the calculated  $R_2$  values is not known. Since the total duration of the CPMG pulses varies as a function of  $\nu_{CP}$ , the total CPMG pulse duration ranges from as little as 0.45% up to 18% of the entire  $T_{CP}$  in typical  $^{15}\text{N}$  CT-CPMG dispersion experiments ( $180^\circ$  degree pulse,  $\tau_{180} = 90 \mu\text{s}$ ;  $\nu_{CP} = 25\text{--}1000 \text{ Hz}$ ). Therefore, it is possible that the free-precession approximation during the pulse duration may introduce systematic error in the analysis of dispersion profiles.

The aim of this study is to determine whether the assumptions used in the analysis of  $^{15}\text{N}$  CT-CPMG relaxation dispersion data with regards to the negligible width of pulses results in systematic error in the estimation of the chemical exchange parameters. For this purpose, the time-dependence of magnetization during the CT-CPMG period is calculated using the master equation for a two-state

system, which accounts for chemical shift, radio-frequency pulse effects, relaxation, and chemical exchange (Allard et al. 1997, 1998; Myint et al. 2009). To determine the extent of systematic errors due to chemical exchange during CPMG pulses, the  $R_2$  rates obtained with and without significant pulse widths, as illustrated in Fig. 1, are compared. Simulations are also performed using an alternative pulse scheme that was initially developed to reduce off-resonance effects on  $R_2$  by Zuiderweg's group and subsequently applied for relaxation dispersion experiments by Yang's group (Yip and Zuiderweg 2004; Long et al. 2008), to determine whether systematic error exists in this alternative pulse sequence.

## Methods

### Master equation

The time evolution of bulk nuclear magnetization exchanging between two conformational sites, A and B, was calculated to determine the effect of pulse duration on the CT-CPMG relaxation dispersion experiment. The magnetization was represented by a state vector in which 7 Cartesian product operators were prepared as described previously (Allard et al. 1998)

$$\sigma(t) = [E/2 \quad M_X^A \quad M_Y^A \quad M_Z^A \quad M_X^B \quad M_Y^B \quad M_Z^B]^T \quad (1)$$

with the  $M_{\gamma}^{A/B}$  being the projection of the bulk magnetization vector of the site A or B along the  $\gamma = X, Y$ , or  $Z$  axis. The state vector is similar to the one used in the Bloch-McConnell equation (McConnell 1958) but includes a unity term  $E/2$  that corresponds to the correction for equilibrium magnetization. The time evolution of  $\sigma(t)$  through the pulse sequence was calculated by solving the master equation

$$\sigma(t + \Delta t) = \text{Exp}(R \cdot \Delta t) \cdot \sigma(t) \quad (2)$$

with the relaxation matrix,  $R$ , and an initial condition  $\sigma(0)$  given by

$$R = - \begin{bmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & R_2^{0A} + k_{AB} & \Omega_A & \omega_Y^{B1} & -k_{BA} & 0 & 0 \\ 0 & -\Omega_A & R_2^{0A} + k_{AB} & -\omega_X^{B1} & 0 & -k_{BA} & 0 \\ -2R_1^{0A} M_{Z0}^A & -\omega_Y^{B1} & \omega_X^{B1} & R_1^{0A} + k_{AB} & 0 & 0 & -k_{BA} \\ 0 & -k_{AB} & 0 & 0 & R_2^{0B} + k_{BA} & \Omega_B & \omega_Y^{B1} \\ 0 & 0 & -k_{AB} & 0 & -\Omega_B & R_2^{0B} + k_{BA} & -\omega_X^{B1} \\ -2R_1^{0B} M_{Z0}^B & 0 & 0 & -k_{AB} & -\omega_Y^{B1} & \omega_X^{B1} & R_1^{0B} + k_{BA} \end{bmatrix} \quad (3)$$

$$\sigma(0) = \left[ \frac{1}{2} \quad p_A \quad 0 \quad 0 \quad p_B \quad 0 \quad 0 \right]^T \tag{4}$$

$R$  accounts for: the resonance frequencies of the two exchanging sites,  $\Omega_A$  and  $\Omega_B$ ; the radio-frequency field,  $B_1$ , from the Y or X axis,  $\omega_X^{B1}$  or  $\omega_Y^{B1}$ ; the intrinsic longitudinal relaxation rates for sites A and B,  $R_1^{A0}$  and  $R_1^{B0}$ , respectively; the intrinsic transverse relaxation rates for sites A and B,  $R_2^{A0}$  and  $R_2^{B0}$ , respectively; and the exchange rates from site A to site B, and from site B to site A,  $k_{AB}$  and  $k_{BA}$ , respectively. The  $M_{20}^{A/B}$  is the equilibrium magnetization along the Z-axis for site A or B. The  $\omega_X^{B1}$  and  $\omega_Y^{B1}$  are related to the duration of an ideal 180° pulse width,  $\tau_{180}$ , by the relation  $\omega_{X/Y}^{B1} = \pi/\tau_{180}$ . The fractional populations of sites A and B are given by  $p_A$  and  $p_B$ , respectively, with  $p_A + p_B = 1$ . The exchange rate,  $k_{ex}$ , is given by  $k_{ex} = k_{AB}/p_B = k_{BA}/p_A$ . The difference in chemical shifts,  $(\delta\omega)/2\pi$ , is defined by  $(\Omega_A - \Omega_B)/2\pi$ . The equation used here is different from the relaxation matrix that is often used for the optimization of chemical exchange parameters in CT-CPMG dispersion experiments in which longitudinal magnetization terms and effects of pulse duration are not taken into account (Korzhnev et al. 2004). Calculations were performed using the MATLAB software (The Mathworks Inc., Natick, MA).

### Schemes for the CT-CPMG simulation

Simulations were conducted using the original CPMG pulse sequence in the following manner (denoted as a [00000000]<sup>±</sup> scheme). Transverse magnetization was generated initially along the X-axis as given by  $\sigma(0)$ , and the CPMG pulses were applied along the X-axis. Next, magnetization was again generated along the X-axis, and the CPMG pulses were applied along the -X-axis. The average of the magnetization intensities calculated these two ways at time  $T_{CP}$ ,  $M_X^i(T_{CP})$ , was then used to calculate  $R_2$  value according to

$$R_2^i = \ln(M_X^i(0)/M_X^i(T_{CP}))/T_{CP} \tag{5}$$

Here,  $i = A$  or  $B$  site.  $R_2$  values for individual sites were calculated in the slow exchange case. The summation of A and B site magnetization was used for the calculation of  $R_2$  in the fast exchange case. The superscript  $i$  to indicate site  $i$  is neglected to simplify the description hereafter. Superscript  $i$  in the intrinsic relaxation rates is also neglected hereafter by using conditions of  $R_1^{A0} = R_1^{B0} = R_1^0$  and  $R_2^{A0} = R_2^{B0} = R_2^0$ . This condition will avoid additional systematic errors caused by differences in the intrinsic relaxation rates of the two sites (Ishima and Torchia 2006).

Simulations were also conducted using an alternative sequence that was proposed previously (Yip and Zuiderweg 2004; Long et al. 2008) (denoted as [00130031]<sup>±</sup>).

In this scheme, transverse magnetization was generated along the X-axis, and the 180° pulses were applied along the X, X, Y, -Y, X, X, -Y, Y axes with a minimum eight pulses in 1 cycle. Magnetization intensity after  $T_{CP}$  was stored in the memory. Next, magnetization was again generated in the X-axis, and the 180° pulses were applied from the -X, -X, -Y, Y, -X, -X, Y, -Y axes with a minimum eight pulses in 1 cycle. Transverse magnetization at time  $T_{CP}$ ,  $M_X(T_{CP})$ , was calculated as the average of the two magnetization intensities. Apparent relaxation rates for the [00130031]<sup>±</sup> scheme,  $R_{Alt}$ , were determined by Eq. (5), and corrected using Eq. (6) to yield  $R_2$  values for  $R_2$  dispersion plot (Long et al. 2008):

$$R_2 = R_{Alt} + \frac{(R_2^0 - R_1^0)\tau_{180}}{8\tau_{CPMG}} \tag{6}$$

When there is no chemical exchange (i.e.,  $R_2 = R_2^0$ ), the Eq. (6) is identical to that proposed by Zuiderweg for general transverse relaxation experiments (Yip and Zuiderweg 2004).

### Parameters applied for CT-CPMG simulations

The following three sets of  $R_2$  dispersion profiles were generated in this study using the [00000000]<sup>±</sup> and [00130031]<sup>±</sup> schemes described above. In all the simulations,  $R_1^0$  and  $R_2^0$  were set equal to 1.86 s<sup>-1</sup> and 10.84 s<sup>-1</sup>, respectively. This corresponds to amide nitrogens in a protein with a rotational correlation time of 7 ns at 60.8 MHz <sup>15</sup>N resonance frequency. Fractional populations,  $p_A$  and  $p_B$ , were set equal to 0.8 and 0.2, respectively.  $R_2$  values were calculated for pulse sequences of  $T_{CP} = 40$  ms and  $\nu_{CP}$  ranging from 100 to 3,000 Hz, with  $R_2$  values calculated for every  $\nu_{CP} = 100$  Hz. Pulse width for CPMG was assumed to be either  $\tau_{180} = 90$  μs or 2 ns in all the simulations as described below.

The first set of  $R_2$  dispersion profiles was calculated without any chemical exchange to determine the effects of off-resonance errors quantitatively. The simulations were conducted assuming accurate CPMG pulses that rotate on-resonance magnetization by 180°. The simulations were repeated assuming that the CPMG pulses were applied at a 20% lower  $B_1$  field strength (that corresponds to 144° rotation of on-resonance magnetization).  $R_2$  dispersion profiles were calculated for the resonances that are located at 0, 200, 400, and 800 Hz off-resonance from the carrier.

The second set of simulations was calculated allowing chemical exchange using the following parameters: (a)  $k_{ex} = 5 \times 10^3$  s<sup>-1</sup> and  $\delta\omega/2\pi = 150$  Hz; (b)  $k_{ex} = 20 \times 10^3$  s<sup>-1</sup> and  $\delta\omega/2\pi = 300$  Hz; (c)  $k_{ex} = 100$  s<sup>-1</sup> and  $\delta\omega/2\pi = 500$  Hz; (d)  $k_{ex} = 100$  s<sup>-1</sup> and  $\delta\omega/2\pi = 1,500$  Hz. Here, (a) and (b) satisfy the fast exchange condition ( $k_{ex} \gg \delta\omega/2\pi$ ), and (c) and (d) satisfy the slow exchange

condition ( $k_{\text{ex}} \ll \delta\omega/2\pi$ ). Accurate  $180^\circ$  pulses were assumed in the simulations, and site A was set at the on-resonance frequency.

The third set of simulations was calculated allowing chemical exchange assuming the CPMG pulses at 20% lower and 20% higher  $B_1$  field strengths (corresponding to  $144^\circ$  and  $216^\circ$  rotations, respectively). In these simulations, following parameters were used:  $k_{\text{ex}} = 20 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300 \text{ Hz}$ , and  $k_{\text{ex}} = 100 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 1,500 \text{ Hz}$ , which correspond to (b) and (d) in the above paragraph, respectively.

In the first and the second sets of simulations,  $R_2$  dispersion profiles for the  $[00000000]^\pm$  scheme were also calculated using an extremely short pulse width,  $\tau_{180} = 2 \text{ ns}$ , to obtain an ideal CPMG  $R_2$  profile. Additionally,  $R_{1\rho}$  values were calculated as a function of the radio-frequency field,  $B_{\text{SL}} (= \omega_{\text{SL}}/2\pi)$ , using the Palmer and Massi's equation (31) (Palmer and Massi 2006):

$$R_{1\rho} = R_1^0 \cos^2 \theta + R_2^0 \sin^2 \theta + \frac{p_A p_B \delta\omega^2 k_{\text{ex}} \omega_{\text{SL}}^2 / \omega_e^2}{\omega_{\text{eA}}^2 \omega_{\text{eB}}^2 / \omega_e^2 + k_{\text{ex}}^2 - 2p_A p_B \delta\omega^2 \gamma \omega_{\text{SL}}^2 / \omega_e^2 + (1-\gamma) \omega_{\text{SL}}^2} \quad (7)$$

with  $\gamma = 1 + p_A p_B \delta\omega^2 \left( \frac{(p_A \Omega_B + p_B \Omega_A)^2 + \omega_{\text{SL}}^2 - k_{\text{ex}}^2}{(p_A \Omega_B + p_B \Omega_A)^2 + \omega_{\text{SL}}^2 + k_{\text{ex}}^2} \right)$ ;  $\bar{\Omega} = p_A \Omega_A + p_B \Omega_B$ ;  $\theta = \arctan(\omega_{\text{SL}}/\bar{\Omega})$ ;  $\omega_e = (\bar{\Omega}^2 + \gamma \omega_{\text{SL}}^2)^{1/2}$ ; and  $\omega_{\text{ei}} = (\Omega_i^2 + \gamma \omega_{\text{SL}}^2)^{1/2}$  (with  $i = \text{A, B}$  for effective field at site A or site B).

To evaluate differences of the calculated  $R_2$  profiles from the ideal CPMG  $R_2$  profile, the calculated  $R_2$  profiles were fit by using the Bloch-McConnell equation with instantaneous  $180^\circ$  rotation (Fig. 1b). In the fitting,  $k_{\text{ex}}$  and  $p_A$  were optimized while  $R_2^0$  and  $\delta\omega/2\pi$  were fixed. The optimizations of the parameters were verified by grid searches to minimize  $\Delta R_2$  that was defined as r. m. s. d. between the calculated and the fit  $R_2$  profiles. The uncertainties of the optimized parameters were given as the ranges in which  $\Delta R_2 < 0.5 \text{ s}^{-1}$ . Since the simulations were conducted in the skewed population case ( $p_A:p_B = 0.8:0.2$ ), the calculated  $R_2$  profiles were plotted only for site A in slow exchange and for the weighted average magnetization in fast exchange.

## Results and discussions

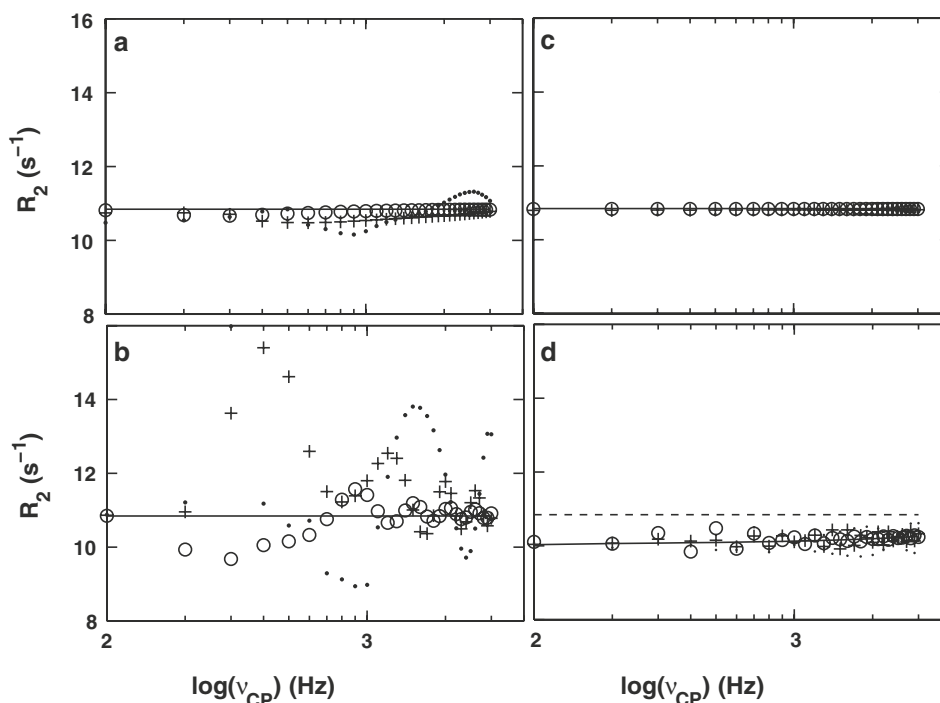
### CPMG Simulations in the absence of chemical exchange

The aim of this study is to identify systematic error caused by the chemical exchange effects during pulses in the

CT-CPMG  $R_2$  dispersion experiments. Prior to conducting this research, we calculated time dependence of magnetization by solving Eq. (2) and determined  $R_2$  based on Eq. (5) to quantitatively estimate off-resonance effects in the  $R_2$  dispersion profile in the absence of chemical exchange (Ross et al. 1997). When the simulation was conducted by applying CPMG pulses at 5.56 kHz  $B_1$  field strength (90  $\mu\text{s}$  as  $180^\circ$  pulses), the observed  $R_2$  values differed from the intrinsic relaxation rate,  $R_2^0$ , by up to 2, 4, and 7% at 200, 400, and 800 Hz off-resonance frequencies, respectively (Fig. 2a). However, these differences were still less than  $1 \text{ s}^{-1}$ . Off-resonance error was further reduced when the alternative CPMG experiment (Yip and Zuiderweg 2004; Long et al. 2008) ( $[00130031]^\pm$  scheme) was applied. The maximum deviation of  $R_2$  values from  $R_2^0$  was less than 1% even at 800 Hz off-resonance frequency, providing uniform inversion over a significantly wider band width than the  $[00000000]^\pm$  scheme (Fig. 2c).

We also simulated an extreme case when  $144^\circ$  pulses were applied instead of  $180^\circ$  rotation pulses for CPMG (20% miscalibration of the  $B_1$  field strength). Although  $R_2$  differed from  $R_2^0$  by more than  $5 \text{ s}^{-1}$  at 800 Hz off-resonance frequency, the difference was less than  $2 \text{ s}^{-1}$  at  $<400 \text{ Hz}$  off-resonance frequency (Fig. 2b). Such large difference of  $R_2$  values from  $R_2^0$  was not observed using the  $[00130031]^\pm$  scheme, even when  $144^\circ$  pulse rotations were applied instead of  $180^\circ$  rotations (Fig. 2d). However, the calculated  $R_2$  values were systematically ca.  $1 \text{ s}^{-1}$  smaller than  $R_2^0$ . This is because imperfect signal inversion pulse produces significant Z-magnetization that remains during the free-precession period between the pulses and results in contamination of  $R_1$  component in the observed  $R_2$  (see Supplementary material). Although the effect of  $R_1$  during the pulses in  $[00130031]^\pm$  scheme is taken into account in the calculation of  $R_2$  values from  $R_{\text{Alt}}$  in Eq. (6), the effect of  $R_1$  during free precession caused by the pulse imperfection remains.

Overall, the above simulations in the absence of chemical exchange demonstrate that the off-resonance error is less than  $1 \text{ s}^{-1}$  at  $<400 \text{ Hz}$  off-resonance frequency when  $180^\circ$  pulse rotation is applied, and is less than  $2 \text{ s}^{-1}$  at  $<200 \text{ Hz}$  off-resonance frequency even when  $144^\circ$  pulse rotation is applied. Thus, in the following simulations, we assumed a two-site exchange with site A at the carrier frequency in both slow and fast exchange cases. In the fast exchange simulation,  $\delta\omega/2\pi$  was set to be either 150 or 300 Hz so that the weighted average resonance was located at 60 or 100 Hz, respectively. Such a narrow region was used to minimize off-resonance effect and to allow thereby the determination of systematic error caused by chemical exchange occurring during pulsing.



**Fig. 2**  $R_2$  values calculated as a function of effective field strength  $v_{CP}$ , in the absence of chemical exchange for (a, b)  $[00000000]^\pm$  and (c, d)  $[00130031]^\pm$  schemes. Figures in (a) and (c) were calculated using ideal  $180^\circ$  rotation pulses, while Figures in (b) and (d) were calculated using  $144^\circ$  pulses instead of the  $180^\circ$  rotation pulses (assuming  $-20\%$   $B_1$  miscalibration). In each figure, *solid line* (—), *circles* (○), *crosses* (+), and *dots* (●) indicate  $R_2$  values calculated at

0, 200, 400, and 800 Hz from the radio-frequency carrier, respectively. In (a)–(c), the *solid lines* are consistent with the intrinsic transverse relaxation rate,  $R_2^0$ , used in the simulation. In (d), the *solid line* (i.e.,  $R_2$  at the carrier frequency) is significantly different from the  $R_2^0$  that is shown by the *dashed line*. All the simulations were conducted using the following parameters:  $\tau_{180} = 90 \mu\text{s}$ ,  $R_1^0 = 1.86 \text{ s}^{-1}$ , and  $R_2^0 = 10.84 \text{ s}^{-1}$

#### Effects on pulse width in the $[00000000]^\pm$ scheme

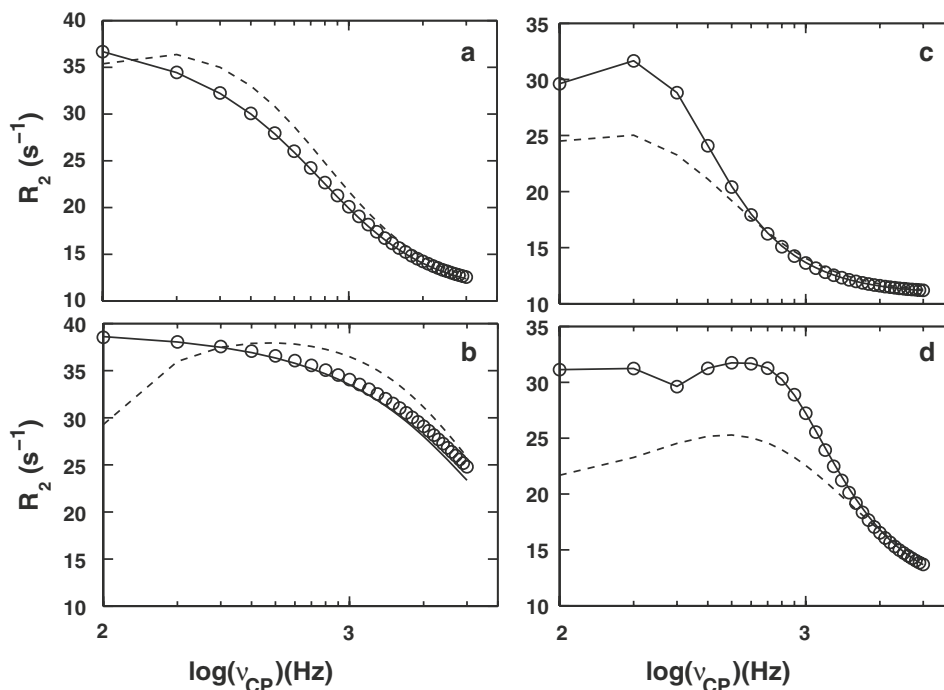
Based on the above results associated with the off-resonance effects, we simulated CPMG  $R_2$  dispersion profiles assuming a two-site exchange with sites A ( $p_A = 0.8$ ,  $\omega_A/2\pi = 0$  Hz) and B ( $p_B = 0.2$ ,  $\omega_B/2\pi = 150$  Hz) in the fast exchange condition,  $k_{ex} = 5 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 150$  Hz. To obtain  $R_2$  dispersion profile, we generated time-dependent magnetization by solving Eq. (2), with the chemical exchange term given by Eq. (3).  $R_2$  was calculated from the final magnetization intensities using Eq. (5) at each effective field. To identify effects of chemical exchange during pulsing, the simulation was conducted twice: first with a practical pulse width,  $\tau_{180} = 90 \mu\text{s}$ , and second with an extremely short pulse width for an ideal case,  $\tau_{180} = 2$  ns. The  $R_2$  dispersion profiles obtained by these simulations were almost identical to each other: the discrepancy in  $R_2$  was ca.  $<0.5 \text{ s}^{-1}$  even at  $v_{CP} = 3$  kHz, indicating there is no systematic error caused by the pulse width (Fig. 3a).

Simulation of the  $R_2$  dispersion profile was also conducted in another exchange condition in which  $k_{ex}$  is much larger than that described above,  $k_{ex} = 20 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300$  Hz (Fig. 3b). Compared with Fig. 3a, the  $R_2$  dispersion profile at larger  $k_{ex}$  (Fig. 3b) is shifted towards

higher  $v_{CP}$  values, with significant  $R_{ex}$  remaining at high  $v_{CP}$  that is recorded after frequent CPMG pulses. In this case,  $R_2$  calculated using  $\tau_{180} = 90 \mu\text{s}$  exhibited small but significant difference from the CPMG  $R_2$  values calculated using  $\tau_{90} = 2$  ns: discrepancy between the  $R_2$  values at  $v_{CP} = 1$  kHz was ca.  $0.5 \text{ s}^{-1}$ , and that at  $v_{CP} = 3$  kHz was ca.  $1.5 \text{ s}^{-1}$  (6% reduction in  $R_2$ ). Comparison of the  $R_2$  dispersion profile with the relaxation rates calculated using a spin-lock demonstrate that the  $R_2$  values calculated using  $\tau_{180} = 90 \mu\text{s}$  approach a spin lock profile at increasing  $v_{CP}$  (Fig. 3b). This is because the fraction of the magnetization that remains along the X-axis under the applied radio-frequency field strength increases as  $v_{CP}$  increases. When the  $R_2$  profile simulated using  $\tau_{180} = 90 \mu\text{s}$  was fit using the Bloch-McConnell equation with instantaneous  $180^\circ$  rotation (and the fixed  $R_2^0 = 10.84 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300$  Hz),  $p_A$  and  $k_{ex}$  were optimized to be  $0.765 \pm 0.005$  and  $22.5 \pm 0.5 \times 10^3 \text{ s}^{-1}$ , respectively. These values correspond to changes of 0.035 and  $2.5 \times 10^3 \text{ s}^{-1}$  from those originally used (0.80 and  $20 \times 10^3 \text{ s}^{-1}$ ) to generate the profile, respectively.

We next simulated CPMG  $R_2$  dispersion profiles in slow exchange,  $k_{ex} = 100 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 500$  Hz, assuming a two-site exchange with site A ( $p_A = 0.8$ ,  $\omega_A/2\pi = 0$  Hz)





**Fig. 3**  $R_2$  dispersion profiles calculated in the presence of chemical exchange for **(a, b)** fast exchange and **(c, d)** slow exchange, using the  $[00000000]^\pm$  scheme. In each figure, circles ( $\circ$ ) and line (-) indicate  $R_2$  profile calculated using a practical  $180^\circ$  pulse width ( $\tau_{180} = 90 \mu\text{s}$ ) and the ideal CPMG  $R_2$  profile calculated without significant pulse duration ( $\tau_{180} = 2 \text{ ns}$ ), respectively. Both of these profiles were generated assuming two-site exchange with  $p_A = 0.8$ ,  $p_B = 0.2$ ,

and B ( $p_B = 0.2$ ,  $\omega_B/2\pi = 500 \text{ Hz}$ ). The  $R_2$  dispersion profile simulated using  $\tau_{180} = 90 \mu\text{s}$  did not exhibit significant discrepancy from the ideal CPMG  $R_2$  values (simulated using  $\tau_{180} = 2 \text{ ns}$ ) (Fig. 3c).

Even when the  $R_2$  dispersion profile was calculated using a larger  $\delta\omega/2\pi$  value, 1500 Hz, at  $k_{\text{ex}} = 100 \text{ s}^{-1}$ , no significant discrepancy was obtained (Fig. 3d). As described above, this is also because chemical exchange contribution in  $R_2$  becomes small ( $<5 \text{ s}^{-1}$ ) at large  $v_{\text{CP}}$  ( $>1 \text{ kHz}$ ). Since an increase in  $\delta\omega/2\pi$  increases the  $R_2$  values at large  $v_{\text{CP}}$ , systematic errors caused by chemical exchange during the pulses may become significant when  $\delta\omega/2\pi$  exceeds 1,500 Hz. However, such large  $\delta\omega/2\pi$  values are expected to be rare in the spectra of diamagnetic proteins. Similarly, an  $R_2$  dispersion profile calculated using a pulse width longer than  $\tau_{180} = 90 \mu\text{s}$  amplifies systematic error caused by the chemical exchange (see Supplementary material).

#### Effects on pulse width in the $[00130031]^\pm$ scheme

Using the same chemical exchange parameters as those applied to generate Fig. 3b ( $k_{\text{ex}} = 20 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300 \text{ Hz}$ ) and Fig. 3d ( $k_{\text{ex}} = 100 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 1,500 \text{ Hz}$ ),  $R_2$  dispersion profiles were simulated using the  $[00130031]^\pm$  scheme by solving Eq. (2) (Fig. 4a,

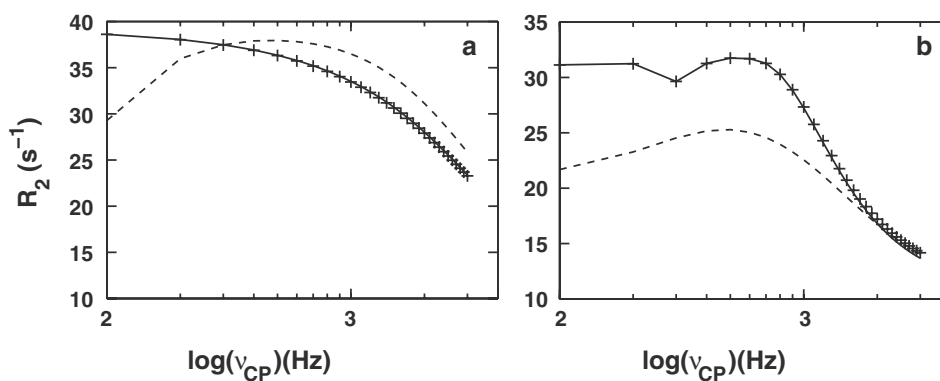
$R_1^0 = 1.86 \text{ s}^{-1}$ , and  $R_2^0 = 10.84 \text{ s}^{-1}$ , and with site A at the carrier frequency. Other parameters were: **a**  $k_{\text{ex}} = 5 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 150 \text{ Hz}$ ; **b**  $k_{\text{ex}} = 20 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300 \text{ Hz}$ ; **c**  $k_{\text{ex}} = 100 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 500 \text{ Hz}$ ; **d**  $k_{\text{ex}} = 100 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 1,500 \text{ Hz}$ . For comparison, relaxation rates in the rotating frame (spin-lock condition) were also plotted as a function of  $v_{\text{CP}}$  (assuming  $v_{\text{CP}} = B_{\text{SL}}$ ) by the dashed line

**b**, respectively). The apparent relaxation rate,  $R_{\text{Alt}}$ , was determined from the final magnetization intensities using Eq. (5), and finally  $R_2$  value was calculated using Eq. (6) at each effective field.

$R_2$  dispersion profiles simulated using the  $[00130031]^\pm$  scheme were almost the same as the ideal CPMG  $R_2$  profiles calculated using the  $[00000000]^\pm$  scheme with  $\tau_{180} = 2 \text{ ns}$  (Fig. 4a, b). Especially, it is noteworthy that the dispersion profile calculated using the  $[00130031]^\pm$  scheme does not approach the calculated  $R_{1\rho}$  at increasing  $v_{\text{CP}}$ . The agreement of the dispersion profile calculated using  $\tau_{180} = 90 \mu\text{s}$  to the ideal CPMG  $R_2$  profiles calculated using the  $\tau_{180} = 2 \text{ ns}$  can be explained by the assumptions used in the correction Eq. (6) for the  $[00130031]^\pm$  scheme. By defining a duration for free precession as  $2\tau_{\text{FP}} = 2\tau_{\text{CPMG}} - \tau_{180}$ , the correction equation for the time average of  $R_{\text{Alt}}$  for the four echo periods of the  $[0013]$  phase cycle ( $X, X, Y, -Y$ ) is recast as,

$$\begin{aligned} 8\tau_{\text{CPMG}}R_{\text{Alt}} &= 8\tau_{\text{FP}}R_2 + (3R_2 + R_1^0)\tau_{180} + 4(R_2 - R_2^0)\tau_{180} \\ &= 8\tau_{\text{FP}}R_2 + (3R_2^0 + R_1^0)\tau_{180} + 4R_{\text{ex}}\tau_{180} \end{aligned} \quad (8)$$

Here,  $R_2 = R_2^0 + R_{\text{ex}}$ . Equation (8) indicates that chemical exchange is described by a unique  $R_{\text{ex}}$  term



**Fig. 4**  $R_2$  dispersion profiles calculated in the presence of chemical exchange for **a** fast exchange and **b** slow exchange using the (+) [00130031] $^\pm$  scheme. The same values of the parameters used in Fig. 3b and d were employed to generate the profiles in figures (a) and

(b), respectively. In each figure, *solid line* indicates the ideal CPMG  $R_2$  profile calculated using the [00000000] $^\pm$  scheme with  $\tau_{180} = 2$  ns, and the *dashed line* indicates relaxation rates in the rotating frame (spin-lock condition)

even during the pulse duration (the third term) as well as the free precession period. Thus, the dispersion profile is “reconstructed” using  $R_1^0$ ,  $R_2^0$ , and  $R_{Alt}$  in Eq. (6) such that chemical exchange during pulsing is assumed to be the same as that in free-precession. Based on Eq. (8), the correction Eq. (6) is not sufficient to describe  $R_{Alt}$  that is calculated using a practical pulse width. However, significant error was not observed in  $R_2$  calculated using the [00130031] $^\pm$  scheme in Fig. 4. This insignificance of the error is most likely due to cancellation of the increase in  $R_{ex}$  during  $X$  pulses by the decrease in  $R_{ex}$  during  $Y$  or  $-Y$  pulses. In addition, when  $R_2$  is used instead of  $R_2^0$  in Eq. (6), resultant  $R_2$  is overestimated. A question remains of how  $R_2^0$  values can be measured accurately. Methods have been proposed to yield  $R_2^0$  from the measurements of auto-relaxation rates (Ghose et al. 2001), cross-correlated relaxation values (Wang et al. 2001) or a combination of longitudinal, single, and double quantum coherence relaxation values (Hansen et al. 2007). However, these approaches require many additional measurements.

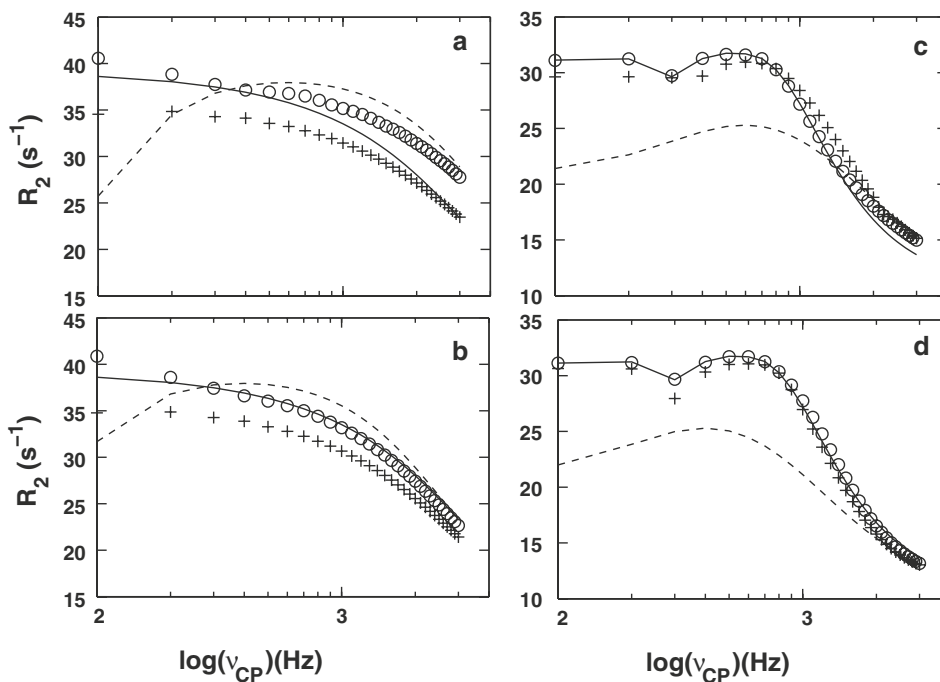
#### Effects on pulse width in the case of large pulse miscalibration

To estimate the magnitude of systematic errors that are introduced by miscalibration of the  $180^\circ$  pulse,  $R_2$  dispersion profiles were also calculated using  $144^\circ$  and  $216^\circ$  pulses, representing  $-20\%$  and  $+20\%$  errors in the  $B_1$  field strength. In the fast exchange (equivalent to that used in Fig. 3b,  $k_{ex} = 20 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300 \text{ Hz}$ ) using the [00000000] $^\pm$  scheme,  $R_2$  dispersion profile generated for  $\tau_{180} = 90 \mu\text{s}$  at  $20\%$  lower  $B_1$  field strength (shown by  $\circ$  in Fig. 5a) showed larger values than the ideal CPMG  $R_2$  values (by the solid line in Fig. 5a assuming the correct  $180^\circ$  rotation and  $\tau_{180} = 2$  ns). This difference in  $R_2$  values was more significant than that in Fig. 3b because of the  $20\%$  weaker  $B_1$

field strength. When this  $R_2$  profile (shown by  $\circ$  in Fig. 5a) was fit using the Bloch-McConnell equation with instantaneous  $180^\circ$  rotation (with the fixed  $k_{ex} = 20 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300 \text{ Hz}$ ),  $p_A$  and  $k_{ex}$  were optimized to be  $0.635 \pm 0.015$  and  $28.9 \pm 0.6 \times 10^3 \text{ s}^{-1}$ , respectively (corresponding to the  $0.165$  and  $8.9 \times 10^3 \text{ s}^{-1}$  differences from the values used to generate the profile,  $0.8$  and  $20 \times 10^3 \text{ s}^{-1}$ ). At  $+20\%$  higher  $B_1$  field strength, the  $R_2$  dispersion profile generated using the [00000000] $^\pm$  scheme (shown by  $\circ$  in Fig. 5b) was similar to that at  $-20\%$  higher  $B_1$  field strength but approached the spin-lock values of the  $+20\%$  higher  $B_1$  field strength.

In the slow exchange ( $k_{ex} = 100 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 1,500 \text{ Hz}$ , which are equivalent to those in Fig. 3d) using the [00000000] $^\pm$  scheme,  $R_2$  dispersion profiles generated for  $\tau_{180} = 90 \mu\text{s}$  at  $20\%$  lower or higher  $B_1$  field strength (shown by  $\circ$  in Fig. 5c or d, respectively) were almost identical to the ideal CPMG  $R_2$  profile calculated using the correct  $B_1$  field strength for  $\tau_{180} = 2$  ns. This is because the A site magnetization is located at on-resonance along the  $X$ -axis, and is not affected by the pulse effects. However, at higher  $v_{CP}$  ( $>1 \text{ kHz}$ ), the  $R_2$  profiles generated at  $20\%$  lower/higher  $B_1$  field strength start to have discrepancy from the ideal CPMG  $R_2$  profile and approach the spin-lock profile.

In contrast to the profiles calculated using the [00000000] $^\pm$  scheme,  $R_2$  dispersion profiles calculated using the [00130031] $^\pm$  scheme for fast exchange at  $-20\%$  and  $+20\%$  errors in the  $B_1$  field strength (described by  $+$  in Fig. 5a, b, respectively) mostly exhibited smaller  $R_2$  values than those of the ideal CPMG  $R_2$  profile calculated using the [00000000] $^\pm$  scheme at  $\tau_{180} = 2$  ns (described by solid lines in Figs 5a, b). Discrepancy in  $R_2$  value calculated using the [00130031] $^\pm$  scheme at  $20\%$  weaker/stronger  $B_1$  field strength from that of the ideal CPMG  $R_2$  profile was ca.  $4 \text{ s}^{-1}$  at  $v_{CP} = 100 \text{ Hz}$  in Fig. 5a



**Fig. 5**  $R_2$  dispersion profiles calculated for **a, b** fast exchange and **c, d** slow exchange by employing (**a, c**)  $144^\circ$  pulses ( $-20\%$   $B_1$  miscalibration) or (**b, d**)  $216^\circ$  pulses ( $+20\%$   $B_1$  miscalibration). In each figure, *circles* ( $\circ$ ), and *crosses* ( $+$ ) indicate  $R_2$  values calculated using the  $[00000000]^\pm$  and  $[00130031]^\pm$  schemes, respectively. Other parameter values used for the simulations for the (**a, b**) fast exchange

and (**c, d**) slow exchange were the same as those employed to generate the profiles in Fig. 3b and d, respectively. In each figure, an ideal CPMG  $R_2$  profile calculated with extremely short pulse duration using the  $[00000000]^\pm$  scheme is shown by the *solid line*, and the profile calculated using the spin-lock condition at (**a, c**)  $-20\%$  lower or (**b, d**)  $+20\%$  higher  $B_1$  field strength is shown by the *dashed line*

and b, and was significantly larger than that observed in the absence of chemical exchange in Fig. 2d. This is because Eq. (6) does not include the effects of the residual Z-magnetization during the free-precession period (as shown in the Supplementary material). When the  $R_2$  profile calculated with  $20\%$  weaker  $B_1$  field in (indicated by  $+$  in Fig. 5a) was fit using the Bloch-McConnell equation for the  $[00000000]^\pm$  scheme with instantaneous  $180^\circ$  rotation at a correct  $B_1$  field strength (and the fixed  $k_{\text{ex}} = 20 \times 10^3 \text{ s}^{-1}$  and  $\delta\omega/2\pi = 300 \text{ Hz}$ ),  $p_A$  and  $k_{\text{ex}}$  were optimized to be  $0.794 \pm 0.007$  and  $23.4 \pm 0.8 \times 10^3 \text{ s}^{-1}$  ( $0.006$  and  $3.4 \times 10^3 \text{ s}^{-1}$  changes from those originally used to generate the profiles,  $0.80$  and  $20 \times 10^3 \text{ s}^{-1}$ , respectively).

$R_2$  dispersion profiles were calculated for slow exchange assuming  $-20$  and  $+20\%$  errors in the  $B_1$  field strength using the  $[00130031]^\pm$  scheme (described by  $+$  in Fig. 5c, d, respectively). Other simulation conditions for these were the same as those applied to calculate the profiles shown in Fig. 3d. In both  $-20$  and  $+20\%$   $B_1$  error cases, most of the  $R_2$  profiles were slightly smaller than the ideal CPMG  $R_2$  profile calculated using the correct  $B_1$  field strength for  $\tau_{180} = 2 \text{ ns}$ . (described by the solid line in Fig. 5c, d). The discrepancy was almost equivalent to that observed in the profile calculated without chemical exchange in Fig. 2d.

At high  $v_{\text{CP}} > 1 \text{ kHz}$ , the  $R_2$  values approach the spin-lock profile (Fig. 5c). For these slow exchange profiles calculated using miscalibrated pulses, optimized parameters using the Bloch-McConnell equation with instantaneous  $180^\circ$  rotation are not shown because they were not fit satisfactorily ( $\Delta R_2 > 0.5 \text{ s}^{-1}$ ).

## Summary

In this study, we have compared effect of chemical exchange contribution during pulsing in the CT-CPMG experiments by computer simulation. Exchanging signals were located close to the radio-frequency carrier in order to estimate the errors that arise by chemical exchange during the CPMG pulses, without introducing errors from the off-resonance effects.  $R_2$  profiles that were simulated in different conditions from those described above, such as the case that signal is not close to the carrier frequency, are shown in the Supplementary material.

$R_2$  dispersion profile that was calculated using the standard CPMG  $[00000000]^\pm$  scheme with a practical pulse width was shown to approach spin-lock equation in fast exchange, particularly when  $k_{\text{ex}}$  is large ( $>10 \times 10^3 \text{ s}^{-1}$ ). Although this error in the  $R_2$  profile is



small ( $\sim 1 \text{ s}^{-1}$ , Fig. 3b), such error that is caused by chemical exchange during pulsing is systematically associated with the effective field strength. Consequently, when the pulse duration effect is not taken into account in the fitting of the data, this systematic error shifts the optimized exchange parameters from those originally used to generate the profile (for example, changes in  $p_A$  and  $k_{ex}$  were 3.5 and 12.5%, respectively, in Fig. 3b). To avoid misinterpretation of the exchange parameters, it will be necessary to collect dispersion data of other nuclei, such as  $^1\text{H}$ , that can be recorded using a short pulse width. When an alternative pulse scheme,  $[00130031]^\pm$  (Yip and Zuiderweg 2004; Long et al. 2008), was employed, chemical exchange during pulsing did not introduce significant systematic errors in the  $R_2$  profiles. Nevertheless, when the inversion pulse is miscalibrated,  $R_2$  values calculated using the  $[00130031]^\pm$  scheme with a practical pulse width is systematically reduced because of significant  $R_1$  relaxation effects during the free-precession period.

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